

Faculty Profile

Title	Professor Navish Kumar	Photograph 
Designation	Professor	
Department	Physical Education	
Address (Residential)	A/219, Yumunapuram, Bulandshahr Uttar Pradesh Pin code: 2030001	
Mobile No.	8006000988	
Email ID	navishdalal@gmail.com	

Educational Qualifications

Degree	Board/ University	Year
10 th	H.S.S.E.B.	1994
12 th	C.B.S.E.	1997
B.A.	K.U.K.	2001
D.P.Ed.	K.U.K.	2002
M.P.Ed.	K.U.K.	2004
Ph.D.	K.U.K.	2010
N.E.T.	UGC	2004 (June)

Career Profile

लेखक परिचय

डॉ. नवीश कुमार वर्तमान में डी.ए.वी.(पी.जी.) कॉलेज बुलंदशहर के शारीरिक शिक्षा विभाग में सह-आचार्य के रूप में कार्यरत हैं। उन्होंने अपनी प्रारंभिक सेवाएं एस.एम. (पी.जी.) कॉलेज, चंदौसी से सहायक आचार्य के रूप में शुरू की तदोपरान्त स्थानांतरण के पश्चात 2014 से वह अपनी सेवाएं वर्तमान समय में डी.ए.वी.(पी.जी.) कॉलेज बुलंदशहर के शारीरिक शिक्षा विभाग के विभागाध्यक्ष के रूप में कार्यरत हैं। डॉक्टर कुमार ने कुरुक्षेत्र विश्वविद्यालय के शारीरिक शिक्षा विभाग से सी.पी.एड., बी.पी.एड. व एम.पी.एड. की शिक्षा ग्रहण की है। उन्होंने पीएच.डी. की उपाधि नियमित शोधार्थी के रूप में कुरुक्षेत्र विश्वविद्यालय, कुरुक्षेत्र से प्राप्त की है। उन्होंने खेल मनोविज्ञान, खेल प्रशिक्षण और शारीरिक क्रिया विज्ञान के विषय विशेषज्ञ के रूप में कार्य किया है। उनके अनेकों शोध पत्र प्रतिष्ठित शोध पत्रिकाओं में प्रकाशित हो चुके हैं। डॉ कुमार नेशनल एसोसिएशन ऑफ फिजिकल एजुकेशन एंड स्पोर्ट्स के सदस्य भी हैं। वह अनुसंधान प्रगति शोध पत्रिका के कार्यकारी संपादक के रूप में भी कार्य कर चुके हैं। डॉ कुमार को एम.जे.पी.आर. विश्वविद्यालय, बरेली में बोर्ड ऑफ स्टडीज का बाहरी सदस्य बनने का भी अवसर प्राप्त हुआ है। उन्होंने शारीरिक शिक्षा के खेल मनोविज्ञान और समाजशास्त्रीय पहलुओं और शारीरिक फिटनेस के लिए बुनियादी स्तर पर प्रकाशित कार्य किया है। डॉ कुमार ने विभिन्न राष्ट्रीय और अंतरराष्ट्रीय संगोष्ठी में लगभग 50 पत्र प्रस्तुत कर चुके हैं। उन्होंने पर्यावरण के मुद्दे पर अपना शोध पत्र प्रकाशित किया है। वर्तमान समय में डॉक्टर कुमार स्वास्थ्य और पर्यावरण पर कार्य कर रहे हैं।

Administrative Assignments

Chief proctor, sports committee, Building committee, stationery and furniture committee, UGC grant utilization committee, Anti ragging, Time Table Committee, literature and Cultural Committee, Gardening and campus Sanitary Committee and college platinum organizing committee and college website in charge etc. during different session from 2014-15 to 2022-23

Areas of Interest/ Specialization

Anatomy and Physiology, Sports Training, Sports Psychology

Subjects Taught

Sports Management, Anatomy and Exercise Physiology, Sports Organization and Management, Element of Physical Education Etc.

Time Table of the Subjects taught during the current Semester

S.No.	Subject	Days	Time	Classroom
1.	B.A. III	03	09:15 to 10:00	Department
2.	B.A. IIIrd sem.	03	09:15 to 10:00	Department
3.	B.A.II sem	06	11:30 to 12:15	Department
4.	B.A. I sem	06	01:45 to 02:30	Department
5.	Q.E. B.A. I,II,III	02,02,02	12:15 to 01:00	Department

Research Guidance

PUBLICATIONS PROFILE (JOURNALS, Chapter in Edited BOOKS; Books)

S.No.	Title of the Paper	Journal Name	Year	Vol. No.	Page No.	ISSN No.	Authorship
1.	Plyometric Training: An Overview	Kurukshetra University, Kurukshetra	2006	5		0454-0652	02
2.	Development Aspect of Mental Health through Physical and Yogic Exercise (1-10)	Research Progress: An International Journal	2014	01	03-09	2320-5350	01
3.	Comparative Study of Physical Fitness and Self Concept of Male Athletes as related to their Participation (26-29)	3R Journal	2014	02	26-29	2321-7421	02
4.	Role of Sports in society as Socialization agency: Can We afford to ignore it? (36-40)	PESY	2014	02	36-40	2231-1394 E- ISSN 22787	02

						95X	
5.	India in search of sports heroes (15-19)	Research Progress: An International Journal	2016	03	15-18	2320-5350	03
6.	Human Disability and Yoga Therapy (5)	Research Progress: An International Journal	2016	5	11-23	2320-5350	02
7.	The Psychology of an Injured Athlete: An Overview (6)	International Research Journal of Human Resources and Social sciences(IRJHRS S)	2016	3	218-223	2349 - 4085	02
8.	Digital India: An Overview (6)	LohiyasodhMnch 2017	2017	12	131-136	2278-4519	02
9.	jk'V ^{ah} ; jkt/kkuh {ks= esa /kaq,] /kqa/k vkSjktuhfrd }an ds e/; my>rhIk;kZoj.kh; leL;kdkfo"ys'k.kvkSjlek/kku ¼485&88½	LohiyaSodhManch	2017	12	85-88	2278-4519	01
10	Physical Fitness through Yogic Exercise (119-123)	LohiyaSodhManch	2017	12	119-123	2278-4519	01
11	The Study of Sports Psychology from an ancient and modern point of view (1-4)	International Journal of research in social science	2018	05	874-879	2249-2496	01
12	Scientific Physical training and Psychological perspective Approach Especially in Athletics (68-70)	Remarking An anylisation	2019	03	68-70	2455-0817 (E) 2394-0344(P)	01
13	'kkjhfd f'k{kk es avfHkçsj.kk vkSj bl ds çdkjksa dk voyksdu	JICR (Journal of Interdisciplinary Cycle Research	2020	XII	1807-1814	0022-1945	01
14	vfHkizsj.kk ds L=ksr ,oa ?kVdksadk `kkjhfd'k{kkvkSj [ksydwn ds utfj, lsfo'kys'k.k	JICRJournal	2020	XII	1814-1818	0022-1945	01
15	"kkjhfd'k{kkk ,oa [ksyif'k{k.k ds IUnHkZeaasvf/kxe o vf/kxeiBkjsadkfo"ys'k.kkRed v/;;u	International Journal of Analytic and Experimental Model Analysis 2021	2021	XII	2103-211	0886-9367	01

Chapter in Edited Books

S.No.	Title of Edited Book	Title of Chapter	Authorship*	Publisher (with city/ Country) & Year of Publication	ISBN
1.	Motor Fitness, Self-Concept and Motivation in Sports		National	National 2018	978-93-84630-65-6
2.	"kkjhjfdf"kk,ao [ksy	[ksy&lkgR; dsUnz	National	National 2021	9789390461134
3.	Gender Studies in Physical education and Sports	KhelSahitya Kendra	National	National 2021	978-93-90461-59-2
4.	Yoga and Basic to Physical education	Disha International Publisher	National	National 2015	9798-93-84782-27-6
5.	Sports Psychology and sociological aspect of Physical education	Disha International Publisher	National	National 2015	93-84782-27-6

Books Edited

S.No.	Title of the Book	Editorship	Publication	ISBN

Conference/ Seminars/ Workshops Organization/ Presentation

S.No.	Title of Lecture/ Paper	Nature of Programme	Details	Level	Date of Presentation	Sponsoring Agency
1.	Sports management: As a Profession in present scenario	Sports management: As a Profession in present scenario	S.S. (P.G.) College, Shahajanpur	International seminar	20,21 Dec. 008	The Indian Institute of Public Administration
2	Comparative study of Physical Fitness and self-concept of male athletes	Phy. Edu. Sports and Yogic science	Department of Physical Education	National	16,17 March 2009	B.H.U. Sponsored

3	Physical education in Higher Education: Can we afford to ignore it?	UchhsikshaDashaaurdish	Government P.G.) College, Budaun	National	02,03 Dec.2009	D.H.E. U.P.
4	Role of women sports personality in women empowerment at present scenario	Bhart me nariitihativrtatmakpridrashay	J.S.College, Amroha	National	06,07 Feb. 2010	I.CC.H.R
5	Development aspect of mental Health through physical and Yogic exercise	Emerging trends in Physical education	J.S.College, Sikandrabad	National	27,28 Feb. 2011	U.G.C.
6	Nehru Vision and Perspective	Nehru concept and Perspective	K.G.K.College, Moradabad	National	05,06 March. 2011	U.G.C.
7	Women need not reservation but change of social mind set	Women empowerment	S.S.V. College, Hapur	National	05,06 March. 2011	U.G.C.
8	Mental Health: A challenge in 21st century	Physical edu Recreation and Yogic science	Department of Physical Educatio BHU	International	19,21 Jan. 2012	MHRD
9	Stress and Mental Health in developing countries	Employment generation in developing countries	S.S.College, Shajanpur	International	23,24 Feb. 2013	U.G.C
10	An Evolution of NGO Movement in India to protect Human Right	Human Rights Education	D.A.V. (P.G.) College, Bulandshahr	National	11,12 Feb. 2013	U.G.C.
11	Mental Health and its Management through Physical and Yogic Exercise	Sustainable Development: 21st Century a global perspective	Ch. Ranbir University Jind	International	19,21 March. 2015	D.H.E.
11	"kkjhfdj" k{k ds "kks/k esafgUnhHkk'kk dh mi;ksfxrk	fgUnhHkk'kkfdruh laiUuf druhfoiUu	Mh-, -oh-dkWfyt] cqyUn"kg j	National	21 Feb.. 2015	vkxjksUnzh; fgUnhlaLFkku
12	Relevance of Gandhi's thought about youth in present scenario	Gandhi and his mythology and its significant in 21st century	M.M.H. College, GZB	National	11,12 March.. 2016	ICHR
13	Role of sports in empowerment of tribal youth	Tribal issue and strategy for empowerment	B.S.M. College, Roorkey	National	21,22 Oct.. 2016	ICHR
14	Religion and sports	Religion and politics in India	D.A.V. (P.G.) College, Bulandshahr	National	20,21 March.. 2015	ICHR

15	Managing stress through yogic exercises	Emerging trends in physical education and yogic science for all round development of youth	Ramabai Ambedkar College, Amroha	National	25,26 Feb.. 2016	D.H.E. U.P.
16	Yoga and its globalization	Globalisation and wellbeing	C.C.S. University, Meerut	National	14,16 APRIL.. 2017	ICHR
17	Origin of Nationalism in India	jk'V ^a oknhpsrukk ds ekxZesapqukSfr;kady vktvkSjdy	K.G.K. College, Moradabad	National	12,13 Feb.. 2018	D.H.E. U.P.
18	Role of khelo India in new India	2022 esauohuHkkjr	J.S. (P.G.) College, Sikandrabad	National	08,09 Dec.. 2018	U.G.C.
19	Environment and sports infrastructure role in health and public	Smart cities is try to improve citizen quality of life	VRAL College, Bareilly	National	22,23 June.. 2018	Higher Education Department U.P.
20	Importance of reservation for backward classes	Development of Backward classes through reservation	M.G.M. College, Sambhal	National	27,28 Nov. 2011	U.G.C.
21	Indian History of Physical education	Recent trends in Physical Education	Modi College, Modinagar, GZB	National	31 Jan.2020	U.G.C.
22	Stress, Health and Its management	tuHkkxhnhkjhIstuvkank yus	A.K.P. College, Khurja	State	27 Sep..2020	C.C.S. University and Fit India Movement

Research Projects (Major Grants/ Research Collaboration)

Research Projects Completed

S.No.	Title	Status of Pi	Period (From-To)	Major/ Minor in terms of Grant	Name of Sponsoring/ Funding Agency

Association With Professional Bodies

Sports Society of India and NAPES

Other Activities

Organising various tournament, Camp and health Camp and environmental awareness activist. Working as Executive editor of Research Progress Journal.

Signature of Faculty Member